

Get ready for adventure with these exciting activities,

FUN AND GAMES

FUN & GAMES BY THE WATER: ACTIVITIES FOR KIDS

REMEMBER:
ADULT
SUPERVISION AT ALL TIMES

Get ready for adventure with these exciting activities, perfect for beach days, lakeside visits, or riverside explorations!

Creative Play & Crafts:

DRESS-UP PIP & BEACH

ESSENTIALS: Cut out sheets of Pip and essential beach items with tabs for interactive "dressing up."

KINGS & QUEENS SANDCASTLE

PLAY: Printable cut-outs of crowns, horses, shields, and more to enhance imaginative play around your sandcastles.

BUILD THE PERFECT SANDCASTLE:

Clear, step-by-step instructions for building a strong and impressive sandcastle.

DIY RIVER AT THE BEACH: A fun guide with a diagram to help you build your own flowing river system in the sand.

Active & Exploratory Fun:

BEACH & RIVER SCAVENGER

HUNTS: Exciting scavenger hunt ideas with sample download sheets for both beach and river/lake environments.

OBSTACLE COURSE CHALLENGE:

Transform beach toys, boards, towels, and other items into an exciting obstacle course.

ROCK SKIPPING SKILLS: Tips and techniques on how to perfectly skip a pebble across the water.

MINI DAM BUILDING: Construct small dams in the shallow water to control miniature rivers and pools.

LEAF BOAT RACES: Launch leaf boats and watch them race, just like a game of Pooh Sticks!

Water Ball Games:

SIMPLE CATCH: Toss a lightweight, floating ball back and forth.

"KEEP AWAY": One person tries to keep a ball from others in the water.

Nature & Discovery Activities:

BUG HUNTING EXPEDITION: Learn about and identify the insects and creatures found in and around the river.

RIVERSIDE NATURE SCAVENGER

HUNT: A focused scavenger hunt to discover specific natural items found along the riverbanks.

WILDLIFE WATCHING: Tips on what birds and fish to look out for and identify in the aquatic environment.

SNORKEL & EXPLORE: Grab a mask and snorkel to discover what lies beneath the surface - look for fish, shells, or interesting rocks (ensure clear water).

UNDERWATER BUBBLES: Blow fun streams of bubbles using snorkels or by exhaling slowly underwater.

ICE PLAY RESCUE: Freeze small toys or colored water in ice cubes. Kids can "rescue" the toys as the ice melts, or simply enjoy playing with the melting ice.

NATURE SOUP CREATION: In a shallow pool or bucket, collect safe leaves, petals, and small sticks to mix into a delightful "nature soup." [Always ensure supervision].

MERMAID & DOLPHIN PLAY: Encourage imaginative swimming, graceful movements, and playful underwater adventures.

Open Water Games (with adaptations for safety):

WATER SCAVENGER HUNT (SHALLOW AREA):

How to Play: Place dive toys, smooth rocks, or weighted objects in a shallow, designated zone. Kids swim or wade to find them.

OPEN WATER ADAPTATION: Stick to areas where kids can easily stand. Ensure objects are visible and large.

"FOLLOW THE LEADER" (SWIMMING & WADING):

How to Play: An adult leads with various water movements (splashing, kicking, floating), and kids imitate.

OPEN WATER ADAPTATION: The leader stays in front, facing the kids, ensuring a safe path within everyone's comfort zone.

WATER TAG / FREEZE TAG:

How to Play: A classic tag game, adapted for the water. In freeze tag, a tagged player "freezes" until unfrozen by another.

OPEN WATER ADAPTATION: Clearly define boundaries to prevent kids from swimming too far. Keep it fun, not overly competitive.

(Remember: Always ensure active adult supervision and define clear boundaries for these open water games.)

FLOATING RACES:

How to Play: Kids race on their backs, using kickboards, or pool noodles. Small, safe floating objects can also be raced.

OPEN WATER ADAPTATION: Choose a very calm section. Have adults at both ends, or one closely supervising from the side.

"SIMON SAYS" IN THE WATER:

How to Play: An adult calls out water-related actions ("Simon says splash," "Simon says float") and kids follow if "Simon says" is used.

OPEN WATER ADAPTATION: Excellent for keeping kids engaged within a safe swimming zone.

"SHARKS AND MINNOWS" (MODIFIED):

How to Play: Designate a "safe zone" [e.g., near shore, between adults]. "Sharks" tag "minnows" as they swim between zones. Tagged minnows become sharks.

OPEN WATER ADAPTATION: Keep swimming distances short and within capabilities. Adults can act as boundary markers or safe "islands."

WATER LIMBO:

How to Play: Two adults hold a pool noodle or rope across a shallow area. Kids swim or duck under without touching. Lower the "bar" each round.

OPEN WATER ADAPTATION: Ideal for shallow, calm water where kids can stand comfortably after ducking.





DID YOU KNOW?

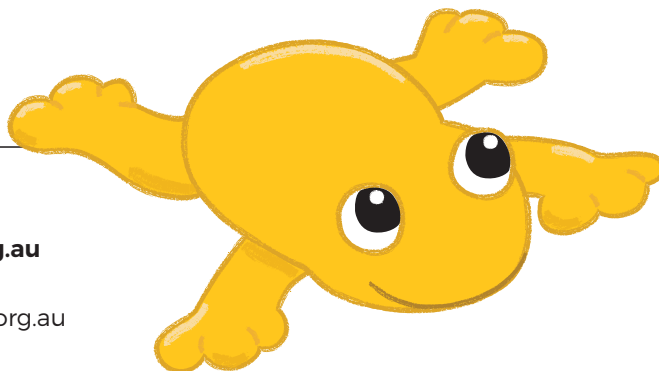
Open Water isn't just for swim schools. If you offer activities or programs on the beach for children or young people, we'd love to have you on our side!

For further information about Deaf Children Australia.

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Deaf Children Australia uses the term 'deaf' to refer to all degrees and types of hearing loss.
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puggles

OPEN
WATER.

Deaf
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COACHES & TEACHERS
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