

DON'T SWIM...

At dawn

At dusk

If the water is murky,
dark or dirty

If there are floating
large tree branches
or logs

Slippery rocks

Steep banks

If its muddy and
squishy

If the water is over
thigh deep make sure
an adult is in arm's
reach

Watch out for drop
offs that might be
hidden from sight

If its nighttime

If you are tired

If the UV level is level
3+ wear sunscreen

Level 5+ - high risk of
sunburn

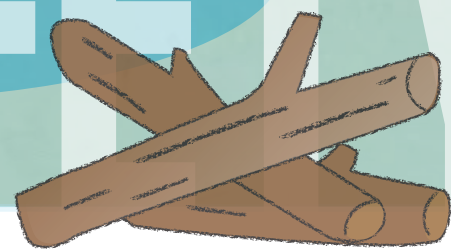
If there is a rip (foamy
or ruffled surface)

Surf is above 1.2m

If you are alone

If the tide is going out
always swim between
the flags

HIDDEN DANGERS



REMEMBER:
ADULT
SUPERVISION AT ALL TIMES



SLIP



SUNSCREEN



DANGER



For further information about
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puggles

deafchildrenaustralia.org.au

**OPEN
WATER.**

**Deaf
Children
Australia.**

Swim
COACHES & TEACHERS
AUSTRALIA
Sunnyskyes

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